



ALL MEALS ARE SERVED WITH FRESH VEGETABLES OR FRESH VEGETABLE STICKS

1 Year 1

**MONDAY**

Spaghetti Bolognese (1)  
Chinese Style  
Vegetable Noodles (1, 7, 8)  
Lemon Drizzle Cake (1, 7)  
and Fruit

**TUESDAY**

Cheesy Chicken Nachos  
Mixed Vegetable Pattie with  
New Potatoes (1, 9)  
Oatie Cookie (1) and Fruit

**WEDNESDAY**

Shepherds Pie with  
Mixed Vegetables  
Mac n' Cheese (1, 9, 11)  
Chocolate Sponge (1, 7)  
and Fruit

**THURSDAY**

Chicken and Vegetable Wrap  
with Herby Potatoes (1)  
Chunky Tomato Pasta (1)  
Raspberry Ripple Sponge (1, 7)  
and Fruit

**FRIDAY**

Fish Fingers and Chips with  
Baked Beans (1, 4)  
Cheese and Onion Pinwheel with  
Chips and Baked Beans (1, 9, 11)  
Shortbread Finger (1) and Fruit

2 Year 2

**MONDAY**

Chicken and Vegetable  
Pasta Bake (1)  
Vegetable Cottage Pie  
Blueberry Cupcake (1, 7)  
and Fruit

**TUESDAY**

Sausages with Mashed Potatoes  
and Mixed Vegetables (1, 8)  
Vegetarian Sausages with Mashed  
Potatoes and Mixed Vegetables  
(1, 14)  
Fruity Granola Bar (1) and Fruit

**WEDNESDAY**

Bolognese Pasta Bake with  
Mixed Vegetables (1)  
Cheese and Tomato Pizza (1, 8, 9)  
with Potato Wedges  
Chocolate Brownie Cake  
(1, 7, 9) and Fruit

**THURSDAY**

Chinese Style Chicken and  
Vegetable Noodles (1, 7)  
Vegetable Spring Roll  
with Rice (1, 8)  
Orange and Lemon Cake (1, 7)

**FRIDAY**

Burger in a Bun with Chips  
and Baked Beans (1, 10, 11, 14)  
Mixed Bean and Vegetable  
Burrito with Chips (1)  
Ice Cream (1) and Fruit

3 Year 3

**MONDAY**

Beef Lasagne with  
Mixed Vegetables (1, 9, 11)  
Butternut Squash Samosa  
with Rice (1)  
Spiral Cookie (1) and Fruit

**TUESDAY**

Homemade Sausage Pinwheel  
with Herby Potatoes (1)  
Mixed Vegetable Chill with Rice  
Strawberry Muffin (1, 7)  
and Fruit

**WEDNESDAY**

BBQ Chicken with  
Vegetable Rice (1)  
Mixed Vegetable Rice Wrap (1)  
Fruity Oatie Cookie (1, 7)  
and Fruit

**THURSDAY**

Beef Curry with Rice and  
Vegetable Bhaji  
Chunky Tomato Pasta (1)  
Chocolate Orange Cake (1, 7)  
and Fruit

**FRIDAY**

Breaded Coated Fish with  
Chips and Beans (4)  
Vegetable Pasty with  
Chips and Beans (1, 9)  
Gingerbread Cookie (1)  
and Fruit

**ALLERGEN KEY**

- 1 CEREALS CONTAINING GLUTEN
- 2 CRUSTACEANS
- 3 MOLLUSCS
- 4 FISH
- 5 PEANUTS
- 6 NUTS
- 7 EGGS
- 8 SOYBEANS
- 9 MILK
- 10 CELERY
- 11 MUSTARD
- 12 LUPIN
- 13 SESAME
- 14 SULPHUR DIOXIDE

**\*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE

